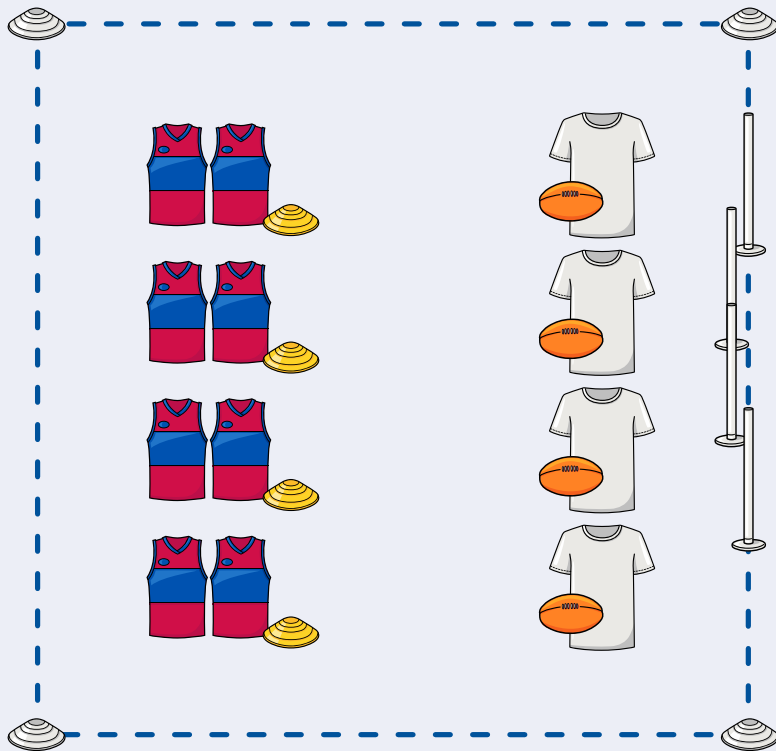


OVER THE GIANT



LVL
1



HOW TO PLAY

- 1 On 'Go' adults throw the football to one of their Auskickers, who catches it and handballs it back to the adult.
- 2 The other Auskicker has a turn. Give tips on marking, for example, "hug the ball to your chest".
- 3 Once a few handballs, kick for goal over the adults ("Giants")!
- 4 For younger Auskickers who might find it hard, they can walk or run around the Giant before kicking at goal.
- 5 After a few minutes of goal kicking, give some tips and the Auskickers get free shots at goal!

EQUIPMENT

1 cone, 1 football and 1 adult per pair of Auskickers. Plus 1 set of posts for the group.



SET-UP

Lay out the cones in a straight line, a couple of steps from the goal posts. The Auskickers stand by the cones.

An adult holding a football stands half-way between their pair and the goals.

CHANGE IT UP

- Add a run-up or bounce before a kick for goal.
- You can also make it harder by having the Giants try and do a tiny bit of defending!
- Try using different balls.