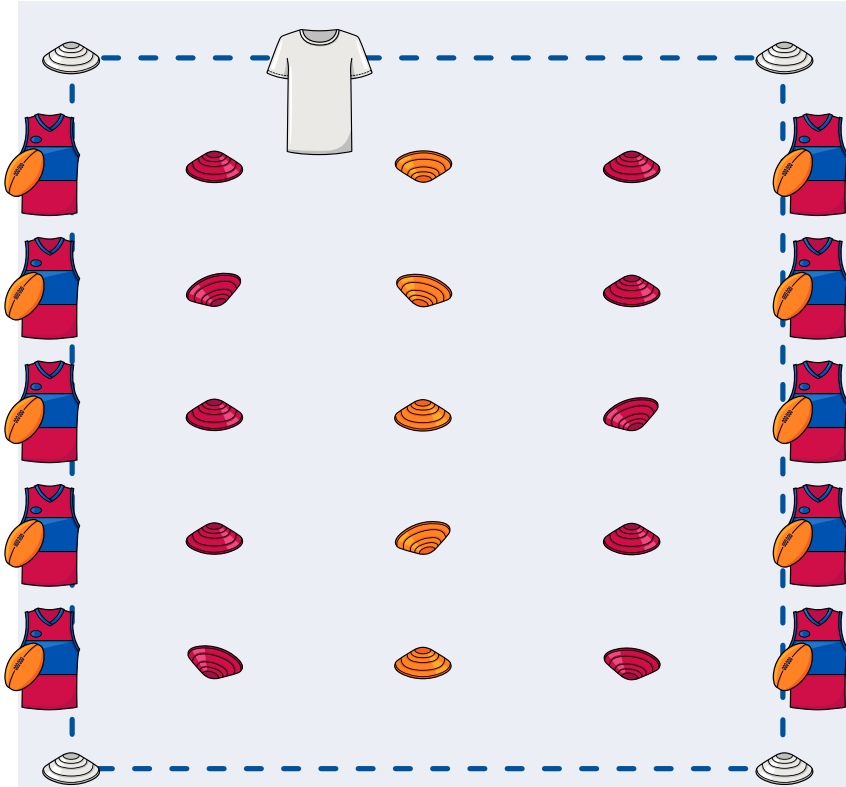


PROTECTORS AND DESTROYERS



LVL
2



HOW TO PLAY

- 1 One team are the 'protectors' and the other 'destroyers'.
- 2 The protectors try to flip all the cones the right way up, the destroyers aim is to flip all the cones upside down.
- 3 Players can only use their hands to flip cones.
- 4 After a while, call "stop" and count how many cones have been flipped for each team.
- 5 Then repeat!

EQUIPMENT

A football per Auskicker and a stack of cones.



SET-UP

Scatter the cones within the playing area, placing half upside down.

Each player grabs a football. Players are then divided into two equal teams and begin outside the playing area.

CHANGE IT UP

- Try having players hop,

skip or move about the playing area according to your instructions.

- Have the players bounce the ball at each cone before flipping it over.