



## HOW TO PLAY

- 1 Attackers start with the ball and pass to each other while defenders try to intercept (without touching attackers).
- 2 Points are awarded for different passes; one point for a throw, three points for a handball and six points for a pass into an end zone. Once in the end zone, the ball is passed back out again to continue.
- 3 Attackers must pass the ball at least twice before passing into an end zone. If the ball is intercepted or deflected by a defender, three points are deducted and the ball is returned to the attackers.
- 4 Keep a total for a set period of time, then swap attackers and defenders. Make sure to rotate end zone players.

## EQUIPMENT

1 football, 8 cones and an adult per group. Half the Auskickers need bibs.



## SET-UP

Use your cones to create two 'end zones' across the width of the playing area at either end.

Split the players into two teams. The team with the bibs are the defenders. The other team are the attackers.

Place an attacker at each end zone.

## CHANGE IT UP

- Try adding a defender into the end zones or change the size of the end zones to make it harder or easier to score.
- Try using different type of balls.