

AFL Practical Modules

STAGE 1, FOUNDATION - YEARS 1-2

Footy Feats Self Assessment 1

Learning to play AFL requires practising a lot of skills.
What skills do you already have? Circle the ones that fit you best.



One football

I need more practise



Two footballs

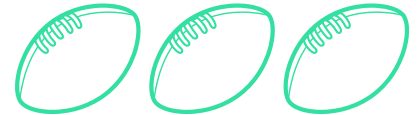
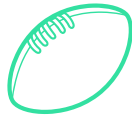
I can do this



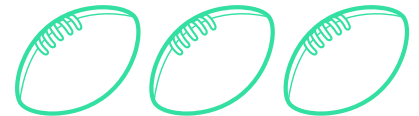
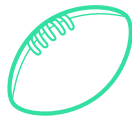
Three footballs

I am doing this well

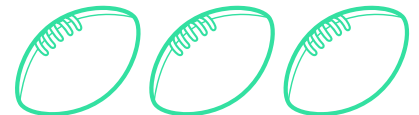
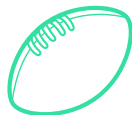
Picking up the ball



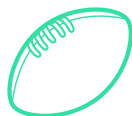
Bouncing the ball



Kicking the ball



Passing the ball



Draw or write - One thing I would like to improve is ...