

AFL Practical Modules

STAGE 3, YEARS 5-6

Footy Feats Self Assessment 1

Learning to play AFL requires practising a lot of skills. Before you begin, think about the skills you may already have and assess yourself. Circle the ones that fit you best.



One football

I need more practise



Two footballs

I can do this



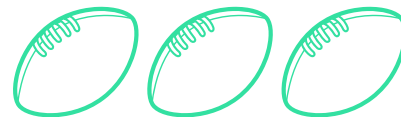
Three footballs

I am doing this well

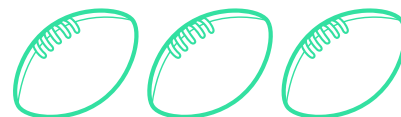
Picking up a footy



Bouncing a footy



Kicking a footy



Catching a footy



Complete the sentence: To play fair in a team I need to ...

Draw or write - One thing I would like to learn about in AFL is ...