

# AFL Practical Modules

STAGE 3, YEARS 5-6



**One football**  
I need more practise



**Two footballs**  
I can do this



**Three footballs**  
I am doing this well

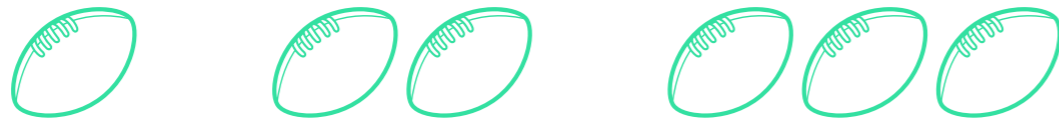
## Footy Feats Self Assessment 1

Learning to play AFL requires practising a lot of skills. Before you begin, think about the skills you may already have and assess yourself. Circle the ones that fit you best.

Picking up a footy



Bouncing a footy



Kicking a footy



Catching a footy



Complete the sentence: To play fair in a team I need to ...

Draw or write - One thing I would like to learn about in AFL is ...

## Footy Feats Self Assessment 2

Now that you have learnt and practised a range of AFL skills it's time to reflect on your strengths and areas for improvement. Circle the ones that fit you best.

Picking up a footy



Bouncing a footy



Kicking



Marking



Teamwork



Complete the sentence - The activity, skill or game I enjoyed the most was ...

One thing I would like to improve is ...