

LEARNING ACTIVITY

WHAT IS THE AFL?

COMPREHENSION ACTIVITY



Read and learn about the AFL. Answer the questions to show your understanding.

What is AFL?

AFL stands for Australian Football League and the sport is commonly referred to as 'Footy' or 'Aussie Rules'. It started in Australia and has been played for over 150 years.

The game

Played over 4 separate quarters of approximately 20 minutes each, the game is fast-paced with plenty of high scoring and action!

A match is played between two different teams and the objective is simple – kick the football between the two tall, inner posts (the goalposts) to kick a 'goal' and score 6 points for your team.

If you kick the ball between the outer posts (the behind posts), one point is scored, this goal is called a behind.

When you hear the final siren, it means it is the end of the game. The team with the highest score wins!

The game is played with a unique ball that is oval shaped, this funny shape means that the ball can be tricky to play with and you may not know which way the ball will bounce. If you can catch the ball, it is called a mark.

The team

At the elite level, there are 18 players on the ground from each team at one time in the Men's competition. There are 16 players on the ground from each team at one time in the Women's competition.

1.	What does AFL stand for? Tick the right box. Australian Rules Football Australian Football League Australians feed lions
2.	How long does a quarter go for?
3.	How many points do you get for kicking a goal?
4.	What shape is the ball?
	Draw the football below: