

# School Holiday Program Outline

Time	Activity
8.00am – 8:30am	Set up
8:30am – 8:45am	Sign in and Guided Discovery/Free play
9:00am – 9:10am	Welcome
9:10am – 9:30am	Setting up expectations and Welcome chant
9:20am – 9:40am	Icebreaker (Appendix 1)
9:40am – 10:00am	Guided Discovery
10:00am – 10:30am	AFL Basics (Appendix 2)
<b>10:30am – 11:00am</b>	<b>Morning Tea and hydration break</b>
11:00am – 11:40am	Skills based games (Appendix 3)
11:40am – 12:00pm	Trick shot goal kicking challenge (Appendix 4)
<b>12:00pm – 1:00pm</b>	<b>Lunch/Free time (Student booklet)</b>
1:00pm – 1:30pm	Indigenous games (Appendix 5)
1:30pm – 2:15pm	AFL Fun and Fitness (Appendix 6)
<b>2:15pm – 2:30pm</b>	<b>Afternoon Tea and hydration break</b>
2:30pm – 2:45pm	AFL Trivia (Appendix 7)
2:45pm – 3:15pm	It's game time! (Appendix 8)
3:15pm – 3:30pm	Gather, close and sign out

Please note that this is a guide only and an example of a holiday program that may be delivered. Program timings, activities and giveaways may differ from one venue/club to another.