

## TRAINER / SPORTS FIRST AID

INSERT YOUR CLUB LOGO

**REPORTS TO First Aid Coordinator / Volunteer Coordinator** 

## PURPOSE OF THE ROLE

To ensure medical support is in place for players & officials during training sessions and matches.

## QUALIFICATIONS & DESIRABLE CHARACTERISTICS

- Meet the minimum qualifications as set out within the <u>AFL National Community Football Policy Handbook</u> ("National handbook")
- Good communication skills (players, coaches, parents)
- Strong decision-making abilities
- Honesty, reliability, commitment and good work ethic
- Hold (or willing to gain) relevant "working with children" check as required by the relevant authorities
- Strong conflict resolution ability

## **DUTIES AND RESPONSIBILITIES**

Duties include but are not limited to:

- Familiarity with relevant medical, health & safety related protocols as set out within the National handbook - including but not limited to, concussion, extreme weather, protective equipment, injury management etc.
- Becoming familiar with <u>concussion procedures / protocols based</u> on up to date information - including (but not limited to) having the 'HeadCheck Concussion Management App' available for immediate use
- Being aware of any critical medical information for players, officials within the team & their emergency management plans (taking care to retain confidentiality of medical information) e.g. Asthma, anaphylactic allergy etc.
- Ensure all medical equipment / supplies & procedures are in place and readily available (first aid kit, stretcher & neck brace, defib, ambulance access etc.) for all sessions and matches
- Clear communication with key representatives to set out expectations and following any incidents.





- Be the first point of contact for any injury / medical issues with the view to:
  - o Contacting ambulance &/or local hospital where required
  - Oversee immediate emergency response where required including DRSABCD procedure (Danger, Response, Send for help, Airway, Breathing, CPR & Defibrillation)
  - o Assessment of injured participants including:
    - Application of STOP (Stop, Talk, Observe, Prevent) and TOTAPS (Talk, Observe, Touch, Active movement, Passive movement & Skills)
    - Immediate management of severe injuries and life-threatening medical emergencies
- · Clear record keeping

**TIME COMMITMENT** 4 - 8 hours per week or as requested

