

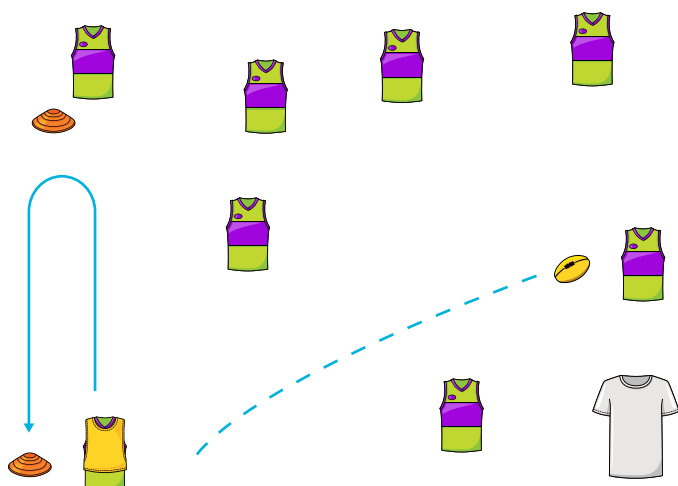
# ACTIVATOR ACTIVITY

## ACTIVATOR

Handballing focus

## CONTINUOUS CRICKET

## WEEK 5



## Equipment

- 2 footballs
- Bibs
- 10 cones
- 1 helper per group



## How to play

1. On "Go!", the bowler handballs to the batter.
2. The batter kicks the ball away and runs to the 'bowler' marker and back to score a run.
3. The batsman continues to run until the ball is returned to the bowler, or is caught, bowled or run out.
4. Fielders must return the football to the bowler via handballing.
5. Change over when the whole team has had a turn as batter. Also change the bowler every few minutes.

## Set up

- Set up a cone for the batter and bowler 10 metres apart.
- Divide the group into two teams, one wearing bibs.
- One team are the batters, and one are the fielders.
- One person from the fielding team is the bowler.

## Change it up

- Everyone fields at the same time, with the game becoming how many individual runs a players can get.
- Fielders can only move when they don't have the football.