AFL Sydney Secondary Girls Independent Schools Competition - Quick Reference Guide

Rule	Year 7/8	Year 9/10	Opens Div 2-4	Opens Div 1
Playing Field (Min-Max)	90-120m (L) x 75-95m (W)	Full Field	Full Field	Full Field
Ball Size	Size 3 - Leather	Size 4 - Leather	Size 4 - Leather	Size 4 - Leather
Minimum Age Group	Year 6	Year 8	Year 10	Year 10
Player Allocation	Min - 9	Min - 12	Min - 12	Min - 14
	Max - 12	Max - 14	Max - 16	Max - 16
	Recommended Squad - 13	*Recommended Squad - 15*	*Recommended Squad - 16*	*Recommended Squad - 20*
	Bench - Unlimited	Bench - Unlimited	Bench - Unlimited	Bench - Unlimited
Playing Times	4 x 10 Min Quarters	4 x 10 Min Quarters	4 x 10 Min Quarters	4 x 12 min Quarters
	4/5/4 Intervals	4/5/4 Intervals	4/5/4 Intervals	4/5/4 Intervals
Smothering, Sheparding, Barging, Fending	✓	✓	✓	✓
Tackling	As per the laws of the game			
Zones	As per the laws of the game			
Starting and Restarting Play	As per the laws of the game			
Out of Bounds	Ball Up 10m from Boundary - As per the laws of the game			
Marking (Distance)	10m	15m		
Run and Bounce	As per the laws of the game			
Distance Penalties	50m - As per laws of the game			
Kicking off the ground	As per the laws of the game			
Deliberate out of bounds/rushed behind	Not Applied			
Playing On & Advantage	✓	✓	✓	✓
# of Umpires - Field	1 or 2	2	2	2
Boundary	N/A			
Goal	School to Supply	School to Supply	School to Supply	School to Supply
Officials allowed (Max.6)	Coach, Ass. Coach	Coach, Ass. Coach	Coach, Ass. Coach	Coach, Ass. Coach
	Manager, Runner	Manager, Runner	Manager, Runner	Manager, Runner
***allowed on Field**	2 x Water carrier	2 x Water carrier	2 x Water carrier	2 x Water carrier