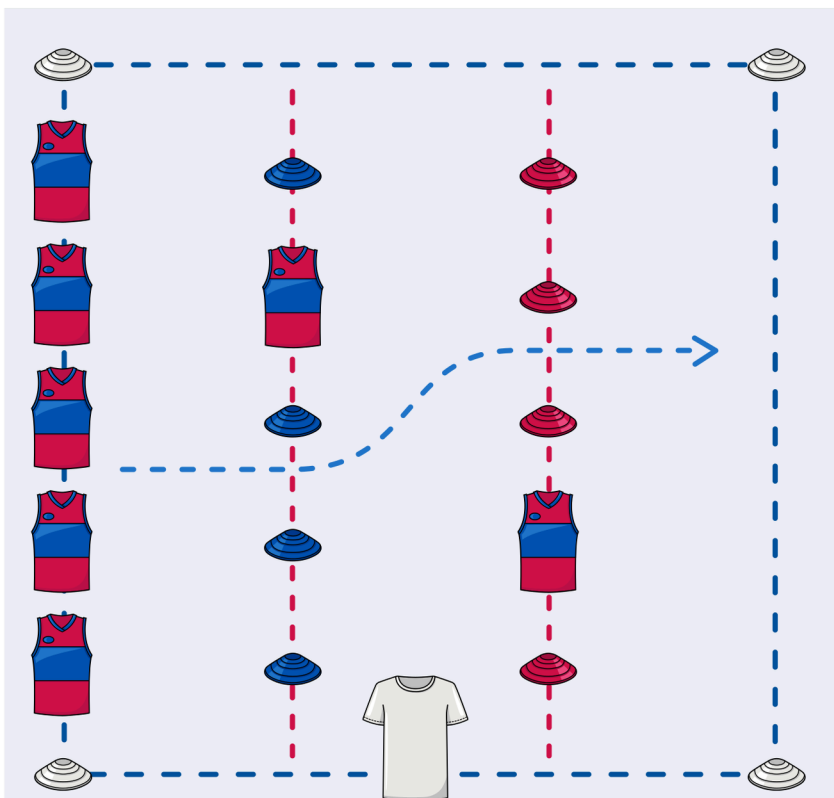


FOOSBALL



HOW TO PLAY

- 1** When you say “Go”, players try to run to the other end zone. The taggers can only move along their lines laterally, not backwards or forwards. If they tag a player, that player joins them on that line and becomes a tagger.
- 2** Taggers can’t overtake each other along their line - their position is fixed like the figures on a Foosball table.
- 3** Runners must keep moving forwards, and cannot go backwards once they commence their run.
- 4** Once everyone is tagged, choose new taggers and start again.

EQUIPMENT

12 cones and 1 adult per group.



SET-UP

Use the cones to create two lines across the middle of the activity square. Nominate two players to be taggers on each line.

The other players all start on one edge of the square, facing the taggers.

CHANGE IT UP

- Give the “attackers” a ball to carry while moving from one end to the other. Then add bounces when they reach the end zone.
- Start half the players at the opposite end zone to have the game flowing both ways.