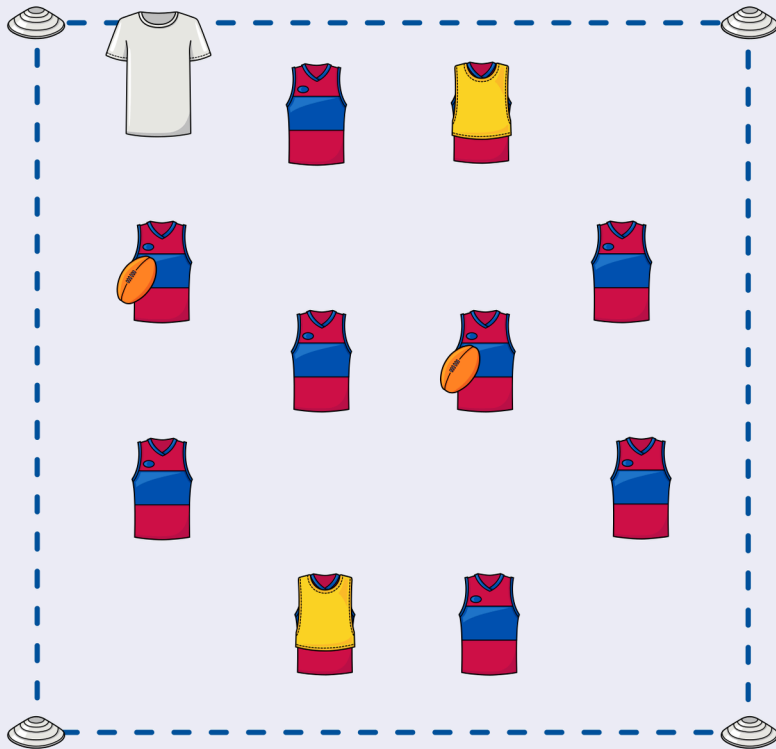


FROZEN FEET

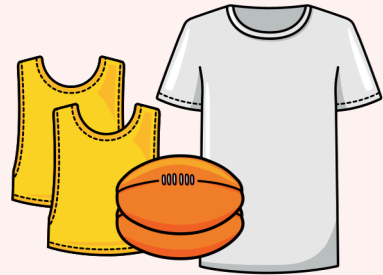


HOW TO PLAY

- 1** The bibbed taggers chase anyone without a ball and tag them with their hand. When an Auskicker gets tagged, they freeze with hands in the air.
- 2** They are to call out to a Handball Magician. Once the Handball Magician sees their hands in the air - as a signal for help - they must come to free them.
- 3** Auskickers become “unfrozen” when the Handball Magician handballs to the frozen player who must mark and then handball back to the Magician. Both can now keep playing.
- 4** To keep everyone involved, change Taggers and Handball Magicians.

EQUIPMENT

2 footballs, 2 bibs and 1 adult per group.



SET-UP

Spread Auskickers out over the playing area.

Two Auskickers wear a bib: they're the “Taggers”. Two other Auskickers have a football: they're the “Handball Magicians”.

CHANGE IT UP

- Change how feet get unfrozen or how Auskickers move around.
- Change the rules so that the frozen Auskicker becomes the Handball Magician once they're freed.
- Try having Auskickers bounce or touch the football on the ground every few steps.