

HOW TO PLAY

Auskickers run in certain directions depending on the word you shout:

“Here” means Auskickers sprint towards you.

“There” means Auskickers run in the direction you’re pointing.

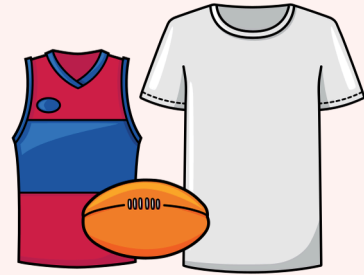
“Everywhere” means Auskickers can move wherever they want inside the playing area.

“Nowhere” means Auskickers have to stand still on the spot and handball the football to themselves.

Let the Auskickers know their movement!
E.g. “Ok, skipping now, skipping everywhere”!

EQUIPMENT

1 football per Auskicker and 1 adult per group.



SET-UP

Spread out the Auskickers within the playing area.

CHANGE IT UP

- Come up with other new actions to go with each word. For instance, “Nowhere” could mean the Auskickers lie down using the footballs as pillows.
- Try tricking Auskickers with double-ups! But don’t be predictable by using patterns so they won’t know what’s next!