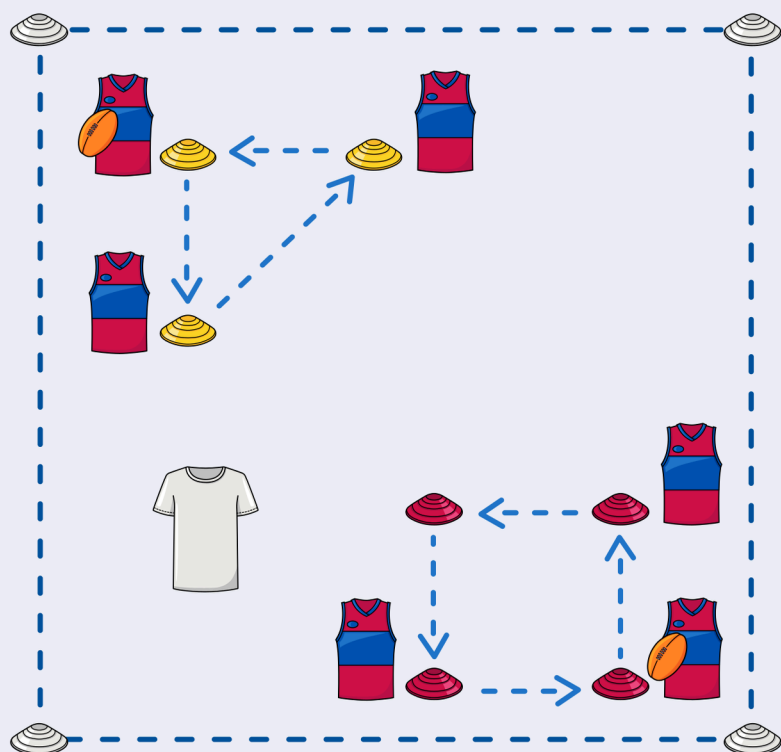


KICK IN THREES



LVL
3



HOW TO PLAY

- 1 Players kick the ball to each other around the triangle. After a while, switch direction and keep practising.
- 2 Once the players get the hang of it, add the fourth cone to make a square.
- 3 A player without the ball runs to the vacant cone to receive the kick. Then another player runs to the new vacant cone to receive the next kick.
- 4 Speed up the game by having players “play on” and kick quickly after they mark the ball.

EQUIPMENT

1 football and 4 cones for every 3 Auskickers.
An adult per group.



SET-UP

For every group of three, place down three cones kicking distance apart to make a triangle. Send an Auskicker to each.

Keep a fourth cone up your sleeve, as you'll turn the triangle into a square later on.

CHANGE IT UP

- Try having players practise ‘pushing back off the mark’ after they’ve caught the ball. (Stepping back a few metres from where they marked the ball before taking their kick.)
- Players can try using their opposite foot.