

ADVANCED COACHING PRACTICES

COACH ACCREDITATION

AFL VICTORIA FRAMEWORK 2025 - 2026



We acknowledge the Traditional Owners of the land on which we meet, train and play, and pay our respects to Elders past and present. We acknowledge we play our great game on this land and respect the cultures of all First Peoples, their contribution to our nation and contribution to the game of Australian Rules Football



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AFL VICTORIA FRAMEWORK - HYBRID COURSE DELIVERY 2025-26 COURSE DETAILS

COURSE STRUCTURE AND DELIVERY

Attached you will find a detailed document outlining the course cost, structure of delivery, dates and criteria for the selection and applications process.

This opportunity has been created to cater for experienced community coaches' development needs. The program incorporates a set of recommended learning tasks to be completed in course and within the coaching context between course segments. Please note that the course will be a blended program delivered virtually and face to face over an 8-month period.

<u>Phase 1</u> of the course will be delivered across the **29th and 30th November 2025** at Centrepiece Building, Melbourne Park.

<u>Phase 2</u> of the course will be delivered across the **28 February and 1 March 2026** at the AFL Victoria Coaches conference at the MCG.

<u>Phase 3</u> will be conducted as **4** x **1-1.5-hour monthly online Webinar sessions**. All sessions will include pre and post reading as well as practical application tasks in the coaching environment across the course of the program.

<u>Coach Mentor Program:</u> As part of the program, attending coaches will be supported by Torin Baker (Carlton FC - Development Coach). Torin will facilitate a mentoring component to the Advanced coaching course, with 2 X face to face sessions and at least 2 X Online sessions.



COURSE OVERVIEW:

THEMES, TOPICS, AND DATES

PHASE 1	 Set the vision, culture & build relationships. Challenging skill acquisition, activity design. Making connections to game plan. Performance Mindset 	SATURDAY 29TH & SUNDAY 30TH NOVEMBER Face-to-face Workshop 8.30am - 5.00pm Centrepiece Building, Melbourne Park
PHASE 2	Teaching and LearningLeadershipMentoring	SATURDAY FEBRUARY 28 SUNDAY MARCH 1 Time: TBC MCG
PHASE 3	 Reflection and Feedback Coaching Learning and Teaching Football Analytics Mentoring 	FIRST MONDAY OF EACH MONTH Feb, April, May, June 7.30pm – 9.00pm 4 x online sessions

RECOMMENDED COURSE WORK

- 1. Participation in all sessions and completing all in-course tasks
- 2. Complete Coaching Philosophy Online Module
- 3. Complete Pre & Post Coaching IDP's
- 4.Create and implement an agreed Values and Behavioural Framework (charter) from your team
- 5. Develop a documented Game Plan for your team. Demonstrate connections to team training.
- 6.Complete a one page review of connection with AFL Mentor Torin Baker with detailed notes on key learnings.



PURPOSE:

The Advanced Coaching Practices Course is designed to meet the following objectives:

DEVELOP HIGH PERFORMANCE COACHES

Understand and Implement contemporary coaching methods and practices aligned to the AFL's six Coaching Competencies and enable coaches to apply these appropriately to their coaching context. The program is also designed to develop broader leadership skills and competencies required to be successful in other similar high performance football environments

CREATE LIFELONG LEARNERS

Understand and take ownership of individual continued coach learning and development incorporating the skills and methods applied across the Advanced Coaching Practices Course – such as reflective practice, providing and receiving coaching feedback and reflective/problem solving conversations with peers and Coach Developers.

BECOME CAPABLE COACH DEVELOPERS

Broaden understanding and skill set of the Coach Developer role in teaching and mentoring other coaches they work with at their Club/Organisation.

AFL'S SIX COACHING COMPETENCIES:

COMPETENCY 1: CREATE A VISION AND PHILOSOPHY COMPETENCY 2: SHAPE THE ENVIRONMENT COMPETENCY 3: BUILD RELATIONSHIPS AND GUIDE LEARNING

COMPETENCY 4: COACH AT TRAINING COMPETENCY 5: COACH THE GAME

COMPETENCY 6: PERSONAL LEARNING AND REFLECTION

*Coaching Competencies derived from the International Council of Coaching Excellence, Sports Development FrameworK



CRITERIA FOR SELECTION

As this Advanced Coaching Practices Course is a National program (delivered in Victoria) and targeted at experienced club coaches, the demand for entry into the program is very high. Coaches wishing to nominate for the course must meet the following criteria:



Hold a current AFL Silver Coach Accreditation for a minimum of twothree years Currently be coaching in one of the AFLV targeted groups as listed below: Be able to commit to 100% attendance for all course sessions to complete Advanced Coaching Practices. Endorsement of their Club, League, AFL Victoria Staff

1. Community Club Level

- Experienced Senior Head Coaches with a coaching role at a club (5+ years)
- Senior Head Coach (3+ years)
- Experienced Coaches who are currently in Assistant Coaching roles will be considered.

2. State / Talent Level

- Experienced Youth Head Coaches
- Coaching Directors or Coordinator (with considerable coaching experience) where management of a coaching program and/or a panel of coaches is involved.

COURSE FEES

\$1500.00 Per Participant (Including GST – Course Fee to be paid when invited to attend)



COURSE APPLICATION PROCESS

Applications for the 2025-26 AFL Advanced Coaching Practices Course are now open. The process for seeking entry into the course is as follows:

- 1. All coaches are to complete the official "Application for Invitation to attend the 2025-26 Advanced Coaching Practices Course" and submit by the due date (31 October 2025).
- 2. This form should be accompanied by further documentation supporting the application:
 - a) References from personnel supporting the coach's application (refer to *criteria for selection*)
 - b) Evidence of coaching background and standard attained a complete history of the candidate's coaching experience
 - c) Evidence of education programs undertaken in Australian Football and in other sport-related area

The AFL Coaching Team, in consultation with State Coaching Manager and Coach Education and Developer Lead with reference to the selection criteria above, will establish a list of coaches in priority order for invitation.

The selected candidates will be formally invited to attend. Upon receipt of payment for the course, the coach will be accepted. Failure to pay by the due date, the invited coach will have their place in the Advanced course revoked and subsequent coaches from the list invited from priority order.

All other coaches will be advised that they have been unsuccessful in gaining an invitation.



Further questions regarding the Advanced Coaching Practices Process can be directed to Joshua Galbraith – State Coaching Manager via joshua.galbraith@afl.com.au