

QUEENSLAND **FUTURE LEADERS**

AFL QUEENSLAND PROGRAM GUIDE

2026

QUEENSLAND FUTURE LEADERS

**THE FUTURE LEADERS PROGRAM
IS CALLING FOR WOMEN & GIRLS
TO LEVEL UP THEIR SKILLS AND
LEADERSHIP IN 2026!**

Your Future Leader will dive into a mix of online and in-person events with expert facilitators and football industry experts. This is your clubs opportunity to upskill, endorse and support the further growth of our football clubs young leaders!

**APPLICATIONS FOR THE 2026
PROGRAM ARE NOW OPEN!**

APPLICATIONS CLOSE FRIDAY 13TH
FEBRUARY 2026.

*NOMINATION LINK ON LAST PAGE

2026 PROGRAM SCHEDULE

MARCH: INDUCTION

Program Launch & Meet-and-Greet

*Online & In-Person Introduction

APRIL: SESSION 1

Combatting Imposter Syndrome

Online & In-Person Education

JUNE: SESSION 2

Conference Day | Leading with
Confidence

*Online & In-Person Education

JULY: SESSION 3

Presence that Inspires

*Online & In-Person Education

AUGUST: SESSION 4

Stress Management & Mental
Resilience

*Online & In-Person Education

OCTOBER: CELEBRATION EVENT

Program Finale & Networking Event

*In-Person Event



WORDS FROM OUR 2025 PARTICIPANTS

The Future Leaders Program has been truly transformative, helping me overcome imposter syndrome, build confidence, and embrace growth and resilience in both mentoring and umpiring. It strengthened my leadership and communication skills, empowering me to make umpiring look fun, positive, and “cool” while inspiring younger girls as a confident, supportive role model. I also learned about good stress versus bad stress, gaining tools to manage challenges effectively and turn them into opportunities for growth.

Opal Jones
SEQ Umpires Association



The Future Leaders Program taught us what makes a successful leader and gave us a supportive, female-led space to connect deeply with other girls from our club and across the AFL community, building meaningful networks and inspiring growth.

Applying these lessons – from leadership and communication to stress management and overcoming imposter syndrome – helped us lay the foundations for our youth committee, taking on new roles, and making a real impact on team culture both on and off the field.

Cassidy Talbot, Laini Mostert & Ruby Van Den Driest
Tweed Coast Tigers AFC



The girls are no longer waiting for opportunities to come to them – they’re confidently seeking ways to contribute, building stronger connections with peers and senior figures, and sharing their ideas with conviction and assurance.

Gay Maynard (Nominator)
Tweed Coast Tigers AFC

The most valuable part of the Future Leaders Program was connecting with like-minded people across the AFL community and sharing ideas from our clubs. Throughout the program, I grew in confidence, learning to speak up and realizing that my contributions truly matter. My favourite session on Imposter Syndrome and making space for yourself inspired me to seek ongoing

guidance and support, shaping my growth as a leader and encouraging me to take on new initiatives.

Alice Bonnett
Kedron Lions AFC



ELIGABILITY CRITERIA - WHO CAN APPLY

To be nominated for this program, they must:

- Identify as a woman or gender diverse
- Be between the age of 16 - 21
- Be endorsed by the club
- Be involved in some capacity within a Community Football Club
- Reside within the state of Queensland/be associated with an AFL Queensland Club

SELECTION CRITERIA

In the application, you will be asked to provide information on the following subjects:

- Tell us the WHY - Information about why you have selected this candidate for AFLQ's Future Leader program
- Your Community Football Club & Your Role
- Your Future Leaders Connection to Club, Birth Year & Contact Information
- How you will endorse your Future Leader throughout their journey

Your application should showcase the following:

- Consideration for how this program can shape the Future of your Clubs committee & provide pathways for other Women & Girls within your club seeking Personal Development
- Instances that they've showcased Leadership qualities
- Ways in which your Future Leader will benefit from this program

CONTACT INFORMATION

For more information about the program please contact the program coordinator Mia Miller via email with the subject line: Queensland Future Leaders Program Enquiry

For further details about the Women & Girls Action Plan, or other initiatives in this space:

[AFL CLUBHELP: WOMEN & GIRLS](#)

Mia Miller

Women & Girls Experience Lead - Queensland

Email: mia.miller@afl.com.au

QUEENSLAND FUTURE LEADERS

HOW TO APPLY

Club Nominators should review the program details including eligibility, selection criteria and key dates to determine their suitability and capacity to attend all program sessions.

The selection panel will review the applications as they are submitted and Future Leaders will be notified of their nomination and the program commitments within 24hrs of submission. Nominators may be contacted to discuss their application further.

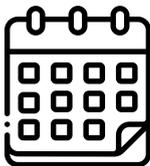
Club Nominators must submit their nominations by 11:45pm on Friday 13th February 2026. Successful applicants will be notified on Friday 20th February 2026.

APPLY NOW!

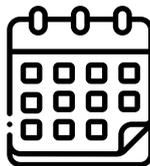
APPLICATION SUPPORT

For support with your application or if your application needs to be submitted in another format, please contact [mia.miller@afl.com.au](mailto:mia.miller@ afl.com.au) for assistance.

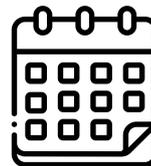
IMPORTANT APPLICATION DATES



MONDAY 08 DECEMBER
Applications Open from
9:00am AEDT



FRIDAY 13 FEBRUARY
Applications Close at
11:45pm AEDT



FRIDAY 20 FEBRUARY
Nominees informed of
outcomes