

# 2026 SEQJ JUNIOR RULES MATRIX

 <b>MIXED &amp; GIRLS UNDER 8</b> INTRODUCTORY	 <b>GIRLS UNDER 9</b> DEVELOPMENT	 <b>MIXED UNDER 9 &amp; 10</b> DEVELOPMENT	 <b>GIRLS UNDER 11</b> DEVELOPMENT	 <b>MIXED UNDER 11</b> COMPETITION
<p><b>GROUND SIZE</b> 80m x 60m</p> <p><b>ZONES</b>  SIZE 1 SYNTHETIC</p> <p><b>9-A-SIDE</b></p> <p><b>SCORING</b> No scores, ladders or finals</p> <p><b>RESULTS</b> No recording of best players or goal kickers. No individual player awards.</p>	<p><b>GROUND SIZE</b> 80m x 60m</p> <p><b>ZONES</b>  SIZE 1 SYNTHETIC</p> <p><b>9-A-SIDE</b></p> <p><b>SCORING</b> No scores, ladders or finals</p> <p><b>RESULTS</b> No recording of best players or goal kickers. No individual player awards.</p>	<p><b>GROUND SIZE</b> 100m x 80m</p> <p><b>ZONES</b>  SIZE 2 SYNTHETIC</p> <p><b>Under 9</b> <b>Under 10*</b> → *starting positions only; reset to starting zone after score</p> <p><b>12-A-SIDE</b></p> <p><b>SCORING</b> No scores, ladders or finals</p> <p><b>RESULTS</b> No recording of best players or goal kickers. No individual player awards.</p>	<p><b>GROUND SIZE</b> 100m x 80m</p> <p><b>ZONES</b>  SIZE 2 SYNTHETIC</p> <p><b>12-A-SIDE</b></p> <p><b>SCORING</b> Scoring permitted No ladders or finals permitted</p> <p><b>RESULTS</b> No recording of best players or goal kickers. No individual player awards.</p>	<p><b>GROUND SIZE</b> 130m x 90m</p> <p><b>ZONES</b>  SIZE 3 LEATHER</p> <p><b>14-A-SIDE</b></p> <p><b>SCORING</b> Scoring permitted No ladders or finals permitted</p> <p><b>RESULTS</b> No recording of best players or goal kickers. No individual player awards.</p>
<p></p> <ul style="list-style-type: none"> <li>Tackling</li> <li>Bumping</li> <li>Barging</li> <li>Smothering</li> <li>Fending off</li> <li>Shepherding</li> <li>Stealing the ball</li> <li>Deliberate out of bounds</li> <li>Deliberately rushed behind</li> </ul>	<p></p> <ul style="list-style-type: none"> <li>Bumping</li> <li>Barging</li> <li>Smothering</li> <li>Fending off</li> <li>Shepherding</li> <li>Stealing the ball</li> <li>Deliberate out of bounds</li> <li>Deliberately rushed behind</li> </ul>	<p></p> <ul style="list-style-type: none"> <li>Bumping</li> <li>Barging</li> <li>Smothering</li> <li>Fending off</li> <li>Shepherding</li> <li>Stealing the ball</li> <li>Deliberate out of bounds</li> <li>Deliberately rushed behind</li> </ul>	<p></p> <ul style="list-style-type: none"> <li>Tackling</li> <li>Bumping</li> <li>Barging</li> <li>Smothering</li> <li>Fending off</li> <li>Shepherding</li> <li>Stealing the ball</li> <li>Last disposal rule</li> </ul>	<p></p> <ul style="list-style-type: none"> <li>Tackling</li> <li>Bumping</li> <li>Barging</li> <li>Smothering</li> <li>Fending off</li> <li>Shepherding</li> <li>Stealing the ball</li> <li>Last disposal rule</li> </ul>
<p><b>LAST DISPOSAL RULE</b></p> <p><b>BOUNCING THE BALL</b> Not permitted - 3 second countdown by umpire to encourage disposing of the ball.</p> <p><b>KICKING OFF GROUND</b> Not permitted unless accidental</p> <p><b>OUT OF BOUNDS</b> If the ball moves out of bounds from a kick or handball, a free kick is to be awarded to the nearest opponent. From hands, or if doubt the umpire shall call a ball up 10m in from boundary.</p> <p><b>MARKING</b> Any distance, reasonable attempt</p> <p><b>PENALTIES</b> No distance penalty applies.</p> <p>Players can be ordered off at the umpire's discretion</p>	<p><b>LAST DISPOSAL RULE</b></p> <p><b>MODIFIED TACKLING</b></p> <p><b>BOUNCING THE BALL</b> 1 max</p> <p><b>KICKING OFF GROUND</b> Not permitted unless accidental</p> <p><b>OUT OF BOUNDS</b> If the ball moves out of bounds from a kick or handball, a free kick is to be awarded to the nearest opponent. From hands, or if doubt the umpire shall call a ball up 10m in from boundary.</p> <p><b>MARKING</b> Any distance, shows control</p> <p><b>PENALTIES</b> 10m penalty can be applied at umpires discretion</p> <p>Players can be ordered off at umpires discretion</p>	<p><b>LAST DISPOSAL RULE</b></p> <p><b>MODIFIED TACKLING</b></p> <p><b>BOUNCING THE BALL</b> 1 max</p> <p><b>KICKING OFF GROUND</b> Not permitted unless accidental</p> <p><b>OUT OF BOUNDS</b> If the ball moves out of bounds from a kick or handball, a free kick is to be awarded to the nearest opponent. From hands, or if doubt the umpire shall call a ball up 10m in from boundary.</p> <p><b>MARKING</b> Any distance, shows control</p> <p><b>PENALTIES</b> 10m penalty can be applied at umpires discretion</p> <p>Players can be ordered off at umpires discretion</p>	<p><b>NO DELIBERATE OUT OF BOUNDS</b></p> <p><b>NO DELIBERATE RUSHED BEHINDS</b></p> <p><b>BOUNCING THE BALL</b> 1 max</p> <p><b>KICKING OFF GROUND</b> Not permitted unless accidental</p> <p><b>OUT OF BOUNDS</b> If the ball moves out of bounds from a kick or handball, a free kick is to be awarded to the nearest opponent. From hands, or if doubt the umpire shall call a ball up 10m in from boundary.</p> <p><b>MARKING</b> 10m, direct catch</p> <p><b>PENALTIES</b> 10m penalty can be applied at umpires discretion</p> <p>Players can be ordered off at umpires discretion</p>	<p><b>NO DELIBERATE OUT OF BOUNDS</b></p> <p><b>NO DELIBERATE RUSHED BEHINDS</b></p> <p><b>BOUNCING THE BALL</b> 2 max</p> <p><b>KICKING OFF GROUND</b> Not permitted unless accidental</p> <p><b>OUT OF BOUNDS</b> If the ball moves out of bounds from a kick or handball, a free kick is to be awarded to the nearest opponent. From hands, or if doubt the umpire shall call a ball up 10m in from boundary.</p> <p><b>MARKING</b> 10m, direct catch</p> <p><b>PENALTIES</b> 25m penalty can be applied at umpires discretion</p> <p>Players can be ordered off at umpires discretion</p>
<p><b>FIELD UMPIRES</b> Club/Coach (1)</p> <p><b>BOUNDARY UMPIRES</b></p> <p><b>GOAL UMPIRES</b> Club (2)</p> <p><b>COACHES</b> On field</p>	<p><b>FIELD UMPIRES</b> Club/Coach (1)</p> <p><b>BOUNDARY UMPIRES</b></p> <p><b>GOAL UMPIRES</b> Club (2)</p> <p><b>COACHES</b> On field</p>	<p><b>FIELD UMPIRES</b> Club/Coach (1)</p> <p><b>BOUNDARY UMPIRES</b></p> <p><b>GOAL UMPIRES</b> Club (2)</p> <p><b>COACHES</b> On field</p>	<p><b>FIELD UMPIRES</b> Club/Coach (1)</p> <p><b>BOUNDARY UMPIRES</b></p> <p><b>GOAL UMPIRES</b> Club (2)</p> <p><b>COACHES</b> Sideline</p>	<p><b>FIELD UMPIRES</b> Association (1)</p> <p><b>BOUNDARY UMPIRES</b></p> <p><b>GOAL UMPIRES</b> Club (2)</p> <p><b>COACHES</b> Sideline</p>