



Progress the game, so everyone can share in its heritage and possibilities.

Role	TIO NTFL Umpiring Strength & Conditioning Coach
Reporting to	AFLNT Umpiring Lead
Location	Darwin, NT
Duration	2026/27 TIO NTFL Season
Status	Honorarium

Purpose – Why this role is important

This role is about more than developing umpires - it's about shaping people, building a community, and contributing to something bigger than the game.

As an NTFL Umpire Strength & Conditioning coach you'll play a pivotal part in the Territory's premier competition. A high-profile community competition that's culturally rich, community-driven, and growing rapidly in national relevance. You'll guide the development, and deliver aspects of physical preparation and recovery for the 2026/27 TIO NTFL umpiring program. Your fundamental role will be to provide a tailored environment for individuals to reach their full potential.

Key Duties

- Design and implement a strength and conditioning program that exposes athletes to an age-appropriate, progressive, and challenging strength training stimulus to promote long-term athlete development.
- Design and implement appropriate conditioning programs for pre-season and in-season competition phases
- Monitor and provide feedback to NTFL Umpire Head Coach and Discipline coaches on training sessions.
- Injury Prevention & Rehabilitation



Play as one team



Play fair



Play with passion



Play to win



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Core Competencies

- Appropriate qualification or applicable experience.
- A willingness to work flexible hours (2 training nights + Game Day)
- ASCA Level 1 (desired)

Key Relationships

- AFLNT Umpiring Staff
- NTFL Umpires and Umpire Coaches
- NTFL Competition Staff

Child Safety Standards

The AFL has a commitment to ensure we provide professional, safe and enjoyable environments for children and young people who participate in our game.

The executives and management of our organisation are responsible for undertaking recruitment and ensuring that our processes and systems are robust and thorough, as well as being communicated and understood internally. Our recruitment process is a 5-step process and includes meeting and engaging with a variety of key people from across the organisation as well as completing thorough verification checks. As part of our comprehensive recruitment process, we ensure that all safety and legislative checks such as working with children checks, Criminal background checks, employment and personal reference checks are completed to ensure anyone working for the AFL is fit for the role they are employed in, prior to commencing employment.

The AFL takes the safety of children and young people very seriously and reviews all processes and procedures in line with current state and federal legislation.



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- Current Working with Children Check (ochre card)

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AFL Values

Play to Win

We rise to every challenge and do what we say we will do – we own the outcome. We thrive on pushing the boundaries beyond what we have done before to achieve the extraordinary for our people, fans, partners and the community.

Play Fair

Respect, integrity, honesty, empathy and a great work ethic earns us the right to play.

Play with Passion

We love what we do. Passion, energy, fun and perseverance is at the heart of our sport and is what drives how we work.



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Play as One Team

We work as one team because together we achieve better outcomes. We bring out the best in each other by embracing our diverse range of ideas, skills and backgrounds to achieve individual and shared success. We celebrate our wins and always have each other's back.



Play as one team



Play fair



Play with passion



Play to win